

**BLOOD FAR FORWARD** 

# ANASTASIIA ZIMINA, "FARMA"

Pharmacist, NAEMT TCCC Instructor

Kyiv Emergency and Catastrophic Center

The developer of the «Farma» volunteer project which assembles and distributes field blood transfusion kits for training and Walking Blood Bank program for Ukrainian Armed Forces

Lead instructor of Circulation CMC modules 9, 10, 11 and 23 Documentation





# FARMA BLOOD TRANSFUSION PROJECT

C 3



**ANASTASIIA ZIMINA** 



# AGENDA BLOOD TRANSFUSION KIT



Project priorities and goals

Equipment deliveries

**FIRST EDITION** 

SECOND EDITION

- Blood transfusion kits:
  - First edition of UA BTK, replica of US version
  - Each component in detailed comparison
  - Full content overview of UA BTK first edition
  - Packaging process description
  - Final cost of UA BTK
  - Second edition of UA BTK
  - Additions and optimizations in second edition
  - Added medicinal products
  - Full content overview of UA BTK second edition
  - Final cost of UA BTK
- "Farma" BTK project: results and reports
- Blood transfusion trainings

# **BLOOD TRANSFUSION PRIORITIES:**

Fluid selection priorities are:

- **1** Cold-stored low-titer **O** whole blood (CS-LTOWB)
- Pre-screened low-titer O fresh whole blood (LTOWB)
  - **3** Plasma, red blood cells (RBCs) and platelets in a **1:1:1** ratio
  - 4 Plasma and RBCs in a 1:1 ratio
  - **5** Plasma or RBCs alone

# **CS-LTOWB IS ALWAYS A FIRST PRIORITY**

#### **"FARMA"** project advocates pushing blood far forward according to CoTCCC standards



Blood transfusion kits are not a replacement for a proper blood chain, but only a back-up option in case of complications with getting blood products in harsh or disaster conditions.

#### **Complications with CS-LTOWB in Ukraine:**

- Stock-out due to a high demand
- Delays of CS-LTOWB delivery to the point of medical care
- Lack of well trained military medical personnel to perform transfusion or antiquated standards taught in medical institutions
- Trauma Registry absence
- Less then optimal stocks of equipment to maintain proper cold chain
- Less then optimal stocks of equipment to warm blood during transfusion

# WHAT IS THE GOAL?

- Qualified medical personnel who can perform their skills when necessary and with the best outcome for the patient
- This requires not only equipment to be used in the field and at field hospitals but additional equipment to conduct high quality training so the student can practice in a simulate session skills which mirror real world experience
- Task specific portable refrigeration systems in every medical evacuation vehicle and potentially in qualified casevacs



- Larger semi-portable blood storages for each Roll II hospital (minimum 30 blood units capacity)
- Fluid warmers in each place where cold-stored blood could potentially be administered
- Blood transfusion kits for a Walking Blood Bank program in sufficient quantity
- ★ To provide military units with additional equipment required to control the bleeding, prevent hemorrhagic shock and hypothermia (all types of tourniquets, pelvic splints, hypothermia kits, military grade oxygen generators such as the Saros MOVES® SLC<sup>™</sup> etc.)

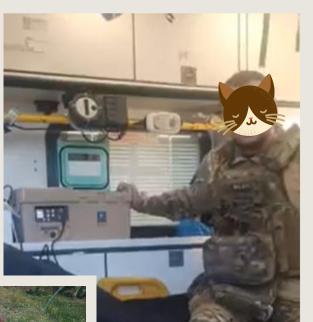
## **"FARMA" PACK INCLUDES DELTA APRU 6L-2 AND QINFLOW WARRIOR**

Ukrainian military units have to be provided with the best equipment to carry out tasks of rescuing their casualty







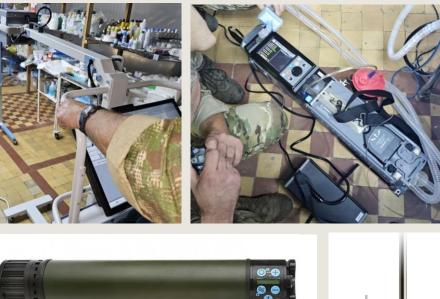


# ROLL II AND MEDEVAC EQUIPMENT

Collaboration with **12th special operation brigade "Azov"**: Delta APRU 6L-2 and QinFlow Warrior

306









НАБІР ДЛЯ ПЕРЕЛИВАННЯ ЦІЛЬНОЇ СВІЖОЇ КРОВІ И ЕДІТІОН



# **BLOOD TRANSFUSION KIT**



### BTK PROJECT BACKGROUND



Photo used for demonstrational purposes To begin with we took several existing versions of a BTK including the North American Rescue® brand to model the Ukrainian version. With the onset of russia's full invasion in February 2022 for major cities in dire jeopardy of prolonged siege, transfusion kits as well as tactical medical equipment were in exceedingly short supply. Previously we attempted to import several models but supplies were limited, costs were high and customs control and shipping procedures were difficult to overcome creating unacceptable delays in deliveries as many local TCCC training organizations required kits for instructions and forward stabilization points were forced to build kits from existing supplies. The results were not encouraging as even blood collection bags were not always available and blood was often collected in containers without Citrate Phosphate Dextrose Adenine (CPDA-1) and even cases where some attempted person to person transfusion.

After reviewing the available versions from outside Ukraine and considering where the kits were most likely to be utilized it was determined that a full Ukrainian version should be a stand-alone kit for use at Stabilization Points who conceivably might have supply issues and the eventual use by SOF medics and even delivery by drone in situations such as AzovStal\*, will guarantee the safe delivery of blood in an austere environment.

\* Last Stand at Azovstal: Inside the Siege That Shaped the Ukraine War: www.nytimes.com/2022/07/24/world/europe/ukraine-war-mariupol-azovstal.html



## PROJECT BACKGROUND



As a first step all components of the kit were chosen from list of goods available on the Ukrainian market to stay as close as possible to those contained in the kit from North American Rescue<sup>®</sup>

#### Donor Module Kit Contents



#### **Recipient Module Kit Contents**

1 Permanent

Marker, Large

SF-518

Carc





#### UA Blood Transfusion Kit: Beginning



Replica of the NORTH AMERICAN

 $\ensuremath{\mathsf{RESCUE}}\xspace$  kit without content deviations

# CONTENT DESCRIPTION AND COMPARISON







#### **Eclipse Vacutainer Holer**

w/Needle 21ga x 1.25 in.



6ml Purple

Top Vacutainer

Vacutainer

Purple Top, 6ml



Red Top, 6ml



QTY.

4

Безпечний тримач для пробірок з голкою

21G 0.8 x 32 мм



Вакуумна пробірка Фіолетова кришка, 6мл



Вакуумна пробірка Червона кришка, 6мл





КОНТЕЙНЕРА З КРОВ'Ю	
Іомер зразка:	
рупа крові:	Низький титр Так / Ні
(им забрано:	
Іас забору:	
Ким призначено:	
Час, коли перелито:	



**BLOOD FAR FORWARD** 

#### Контейнер для взяття крові

#### 450 мл з розчином антикоагулянту

Цитрат натрію дигідрат 2.63г, кислота лимонна моногідрат 0.32г, натрію дигідрофосфату моногідрат 0.22г, глюкоза безводна 2.90г, аденін 0,027г, вода для ін'єкцій до 100мл

#### Стікер для маркування контейнера

Перекладено та роздруковано на клейкому папері

#### Експрес тест на визначення групи крові







#### Single Blood Bag

450ml

#### **Blood Bag Sticker**

**Eldon Card** 





2.5 х 48 см



Затискач прямий, одноразовий 12 см

Стрічка хірургічна

мікроперфорована

Ширина 2,5 см



Розмір L



Surgical Tape roll 1 in.



**IV Constricting Band** 

1 x 18 in.

QTY 1 5.5" Kelly Hemosta (Disposable

Kelly Curved Hemostat

Disposable, 5.5 in.

**Pair Bear Claw Nitrile Gloves** 

Large

PAIR

1

Bear Claw Gloves, Lg Tan

**BLOOD FAR FORWARD** 





Alcohol Prep Pad



X 4.75

**Clear Dressing** 

2 Chloraprep

Swabsticks,3pk

Gauze Pad 2-pack

**Clear Adhesive Dressing** 

4 x 4.75 in.

4 x 4 in.

Chloraprep Swabsticks

3 pk



**Серветка марлева стерильна** 10 x 10 см, №2

**Прозора клейка пов'язка** 10 x 12,5 см

#### Серветка з хлоргексидином

6 х 10 см



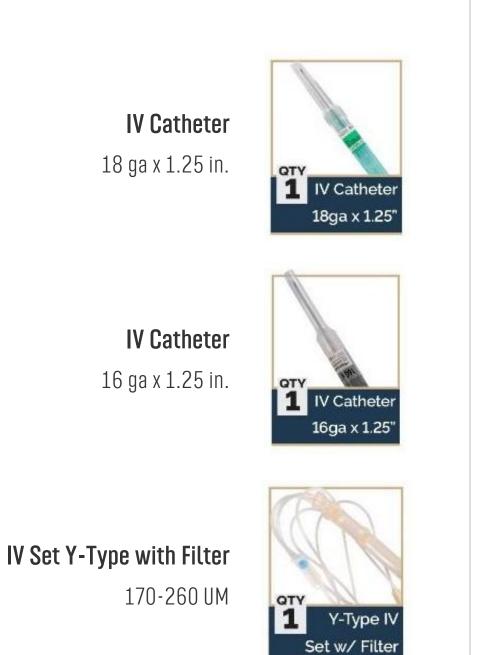






#### BLOOD FAR FORWARD





### Внутрішньовенний катетер



#### Внутрішньовенний катетер

16G

18G



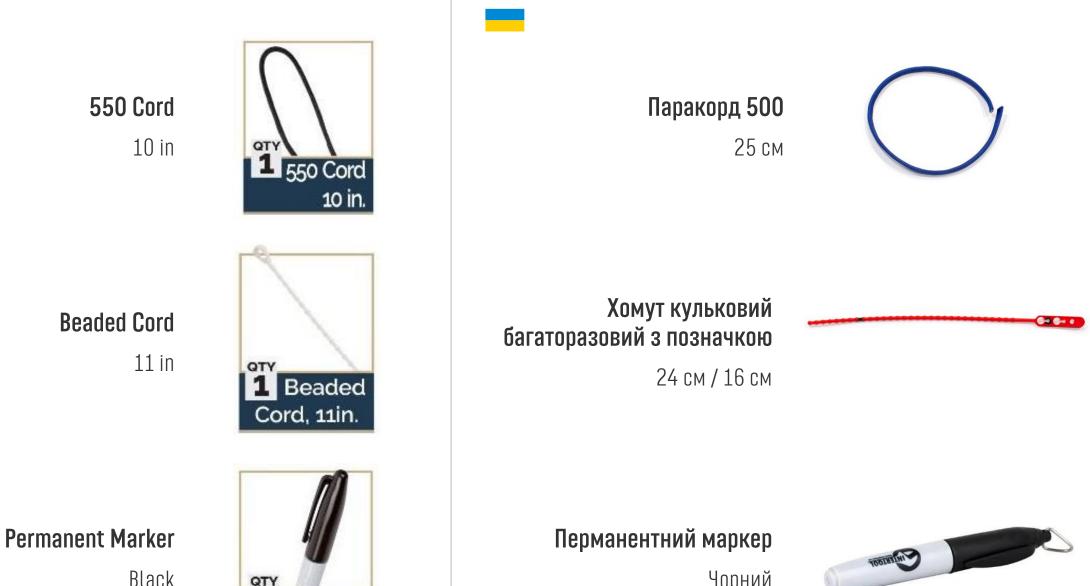


Система для внутрішньовенних інфузій з фільтром

Sagnofix<sup>®</sup> В, лінійна (І-Туре)







Чорний

**BLOOD FAR FORWARD** 

Black





Donor Placard



QTY

1

DONO

Donor Placard

**Recipient Placard** 

ASBP 572-EWB V29



1

572-EWB

SF-518 Card

#### Опис (донор)

Опис (реципієнт)

#### Набір для непрямого переливання крові (реципісн Опис вмісту Форма протоко Катетер внутрішньовенний, 18G Катетер внутрішньовенний, 160 Система для гемотрансфузій з фільтром Джгут медичний венозний, однора овий 2.5 х 48 см Пластир для фіксації катетера, 6 х 7 см Серветка спиртова 3 х 6 см Серветка марлева стерильна, 5 х 5 см № чки нітрилові, пара (розмір М чки нітрилові, пара (розмір Шприц 10 мл з двома голками: 21G 38 мм та 23G 32 мм ин NaCl 0,9% 100 мл, використати до 05-2025 Гемаксам (ТХА) 50 мг/мл 10 мл, використати до 11-2024 Кальцію глюконат 10% 10 мл, використати до 09-2025 Стікер для внесення даних щодо застосованих ліків Багаторазовий кульковий хомут-стяжка, 15 см

ерманентний маркер

Опис виністу
Опис виністу
Опитувальник для донора
Беленчий тримач для пробірок
Голка для забору крові 216,0.8 х.38 мм
Вакулина пробірка стеритьна, червона кришка, 6 мл
Вакулина пробірка стеритьна, фіолетова кришка, 6 мл
Контейнер для крові 450 мл с. 500-31, звкорястати до 61-24.

550 паракорд, 25 см Багаторазовий кульковий хомот

Стікер для контейнера з кров'ю

Джгут медичний венозний, 2.5 x 48 см
Серветка спиртова, 11 x 15 см
Серветка марлева стерильна, 10 x 10 см №2
Затискач судинний, одноразовий, 12 см

Рукавички нітрилові, пара (розмір L) Рукавички нітрилові, пара (розмір M) Стрічка хірургічна мікроперфорована, 2.5 x 900 см Пелюшка гігіенічна, 40 x 60 см

Експрес-тест на визначення групи крові (Eldoncard) Експрес-тест на визначення: ВІЛу, сифілісу, гепатитів А та Б

# Inpersonal Typescale Types

BLOOD FAR FORWARD 💳

#### Опитувальник для донора

Протокол гемотрансфузії



Purple Top, 6ml

12 cm

BLOOD FAR FORWARD

Red Top, 6ml

Beaded Cord, 24 cm 550 Cord, 25 cm

6 x 10 🕋



# **PACKAGING PROCESS AND MATERIALS**





Zip-lock plastic bags 50 x 70 mm (for individual packaging of gloves and disposable tourniquets), zip-lock plastic bags 100 x 160 mm (for the express tests) rubber bands 20 x 1 2 x 1.2 mm (for fixing disposable tourniquets). The kit is packed in a stiff polyethylene bag using a vacuum sealer which prevents the movement of components inside the package.

Sets for donor and recipient are placed in different sections of a single package and labeled. The content list of each set is printed on color plain paper and placed inside the package for items can be identified before opening the package. Expiry dates of medicinal products are highlighted on label.



#### FIRST EDITION

The cost of such kit assembled in Ukraine when components are purchased at retail is about **\$20**, excluding printing and packaging. Total weight is 476 g.

# FIRST EDITION IS NOW USING AS A SIMPLIFIED VERSION FOR BLOOD TRANSFUSION TRAINING

# 20 USD / 800 UAH

#### UA BLOOD TRANSFUSION KIT: WHERE ARE WE NOW

V2 SECOND EDITION

Blood transfusion kit supplemented and improved according to actual transfusion protocols and manuals





V2

SECOND EDITION After several months of use and practice at TCCC training centers, analysis of comments from medical experts and feedback from military doctors staffing stabilization centers, the contents were revised, optimized and supplemented with additional components.

In the end we hope to provide the majority of materials potentially required for safe and effective blood transfusion in accordance with both Ukraine MoH and the Defense Health Agency (DHA), Prehospital Blood Transfusion, US Joint Trauma System, CPG for resuscitation procedures using blood products, while minimizing costs to maintain an affordable level for serial production and wide distribution.

# DONOR

SECOND EDITION To ensure high hemovigilance standards, two express test to determine blood type and for identification of 4 primary infection disease (HIV, Hepatitis B, Hepatitis C, syphilis) are now an obligate part of the Blood Transfusion Kit.



Both tests are certified to match requirements of Ukrainian legislation (Part 3 of Art. 8 of the Order of MOH 1973-XII), their condition and expiration dates are closely monitored.

Needle for Vacutainer holder was replaced to the standard UA type (38 mm)

Surgical drape added to ensure the sterility of the field transfusion process







# RECIPIENT

SECOND EDITION Beaded cord now utilized to hang both saline and blood bags from one device

Sticker for recording of administered medicinal products added

Clear adhesive Hydrofilm dressing replaced by two plasters for IV catheter fixation as more suitable for the standard types of IV catheters spread in UA



ЗАСТОСОВАНІ ЛІКІ

Two syringes of 10 ml volume and two needles of 21G (38 mm) and 23G (32 mm) added





SECOND EDITION In the second version of the "Farma" Emergency Blood Transfusion Kit, medicinal products for IV administration before, after or during the blood transfusion were added to the packaged inventory to ensure their administration under adverse conditions.

These are recommended adjuncts in both Ukraine and the USA.\*

\* Ministry of Health of Ukraine (Order of MOH № 488 from 15.03.2022; Order of MOH № 1192 from 11.07.2022), as well as Defense Health Agency (DHA), Prehospital Blood Transfusion, US Joint Trauma System, resuscitation procedures using blood products.



MEDICINAL PRODUCTS

NaCl 0,9% 100 ml in PE flexible container

Tranexamic Acid 50 mg/ml, 4 plastic ampules of 10 ml

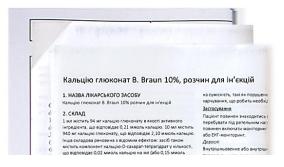
Calcium Gluconate solution 10%, 3 plastic ampules of 10 ml (this packaging type not available locally, ordered from EU)

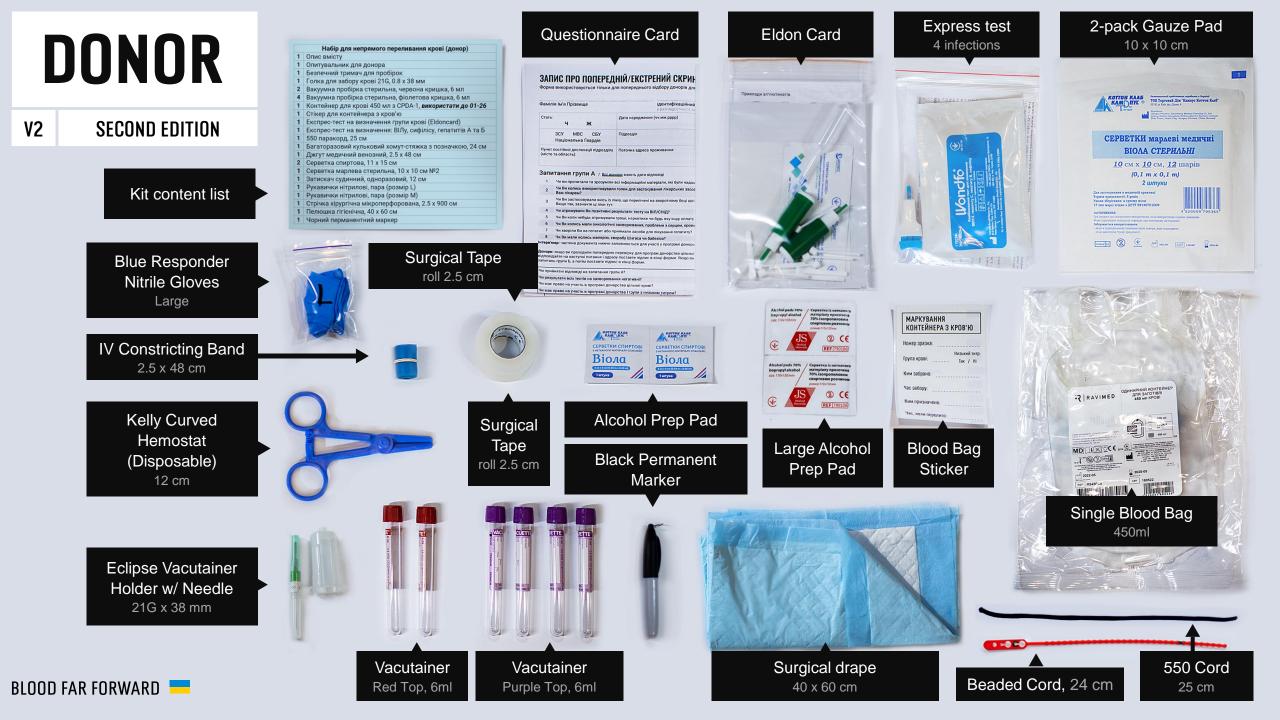
All corresponding patient information leaflets are enclosed, expiration dates indicated in the content list.

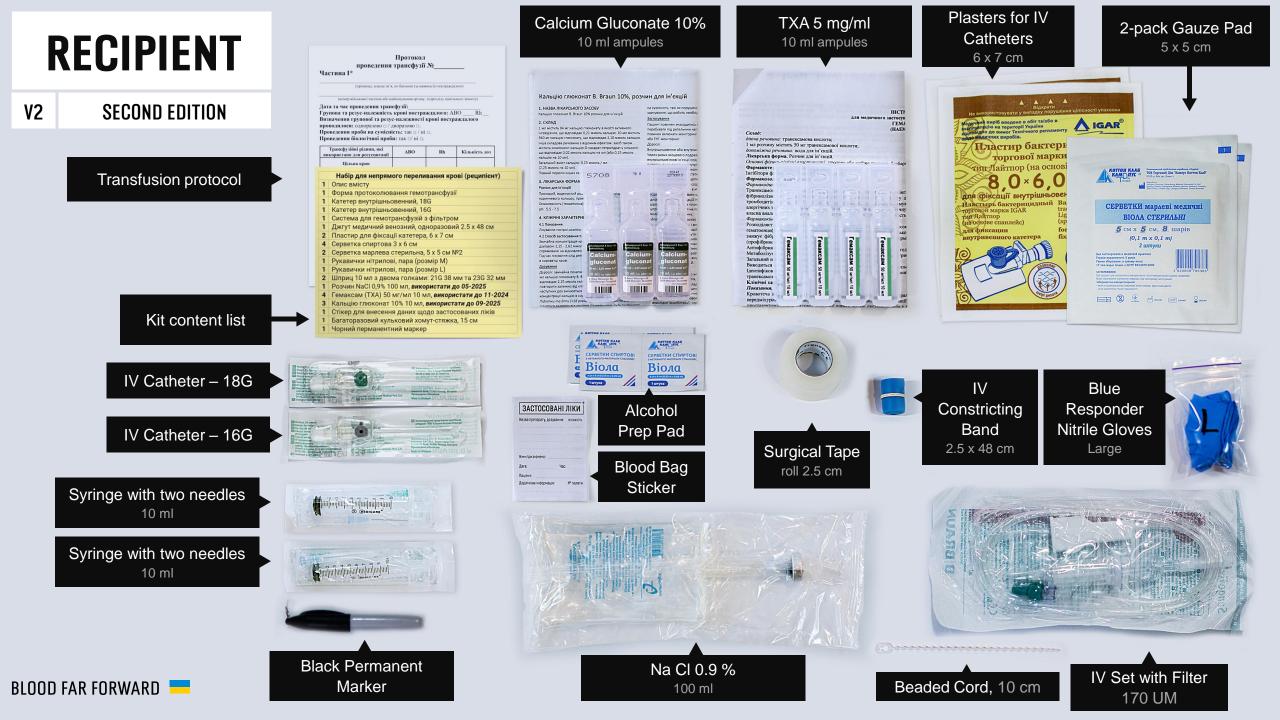














#### V2 SECOND EDITION

The cost of such kit assembled in Ukraine when components are purchased at retail is about **\$37**, excluding printing and packaging. Total weight is 714 g.

### 37 USD / 1500 UAH

BLOOD FAR FORWARD 💳





In March 2023 the "Farma" project was selected among **600** applications from Ukrainian volunteer projects for participation in the short-term scholarship program from the **Action Office** and received a mini-grant from the sponsor of the program — a non-governmental organization **People In Need**.

UA\_ First Aid



"Farma" project is in the process of official NGO registration procedure. Meanwhile private PayPal account (owner - Anastasiia Zimina) is used to achieve donations for further project development:

**PayPal** neverforgetsingularity@gmail.com

Many our partners as **Help Ukraine Center**, **AUMF** and **UAFIRSTAID** supporting project with equipment ordering and delivery, organization of collaborative packaging process, administrative processes etc.

### "FARMA" BLOOD TRANSFUSION KIT PROJECT



#### **"FARMA" BLOOD TRANSFUSION KITS IN THEIR POINTS OF DESTINATION**







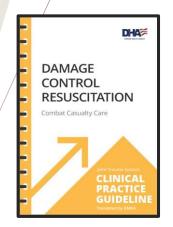






BLOOD FAR FORWARD 💳





CPG

Damage Control Resuscitation Circulation and Hemorrhage Control in Tactical Field Care

CMC

TFC

TCCC

MODULE 09:

Module 9

CIRCULATION

**CONTROL IN** 

& HEMORRHAGE

Shock Recognition and Management

CMC

TCCC

MODULE 11:

IN TFC

Module 10

HEMORRHAGIC

SHOCK FLUID

RESUSCIATION

CERCE TOCOCE MODULE 10: SHOCK RECOGNITION 8 MANAGEMENT

Module 11

Hemorrhagic Shock Fluid Resuscitation in Tactical Field Care

Fluid resuscitation should be considered only in combination with all methods of prevention, recognition and treatment of shock of the patient with massive blood loss at the circulation assessment stage. Information described in the respective clinical guidelines has great importance in understanding the process.

This information available in Ukrainian under following links: https://tccc.org.ua/guide/damage-control-resuscitation-cpg https://tccc.org.ua/collection/combat-medic-corpsman-course



# THOR Network

Best material which recommended as a base knowledge to perform blood transfusion is a training on **THOR Network** (Trauma Hemostasis and Oxygenation Research Network) educational platform.

This training soon will be available in Ukrainian.



Free Whole Blood Field Transfusion Course

23 Lessons

The THOR Network presents a current evidence based field transfusion course.

#### **Take course**

https://thor.podia.com/view/courses/ thor-whole-blood-transfusion-course

# **BLOOD TRANSFUSION TRAININGS**

Blood transfusion training is not only about transfusion skill itself, but is a set of knowledge and practice required for effective prevention and treatment of hemorrhagic shock

#### Training program includes:

- Overview of CMC Circulation modules 9, 10, 11 with practical stations
- Overview of CMC module 23 Documentation
- Overview of the current legislation of Ukraine related to the aspects of blood transfusion at the pre-hospital stage under circumstances of martial law
- Practical scenario for small groups which recreates medical assistance to a wounded casualty in the conditions of a Roll II hospital. Its main goal is to practice all actions required according to the MARCH-PAWS algorithm and where the use of liquid resuscitation for the treatment of hemorrhagic shock emphasized and administered

# **BLOOD TRANSFUSION TRAININGS**



#### TO GET MORE INFORMATION ABOUT PROJECT YOU MAY VISIT ITS SITE

#### HTTPS://FARMA.KYIV.UA/



# ANASTASIIA ZIMINA

NAEMT TCCC INSTRUCTOR, PHARMACIST

farma.btk.ua@gmail.com

# **THANK YOU!**

